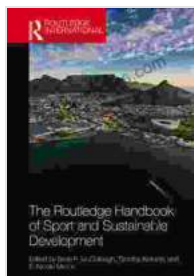


# The Routledge Handbook of Sport and Sustainable Development: Promoting a Healthier Planet and More Just Society



## The Routledge Handbook of Sport and Sustainable Development (Routledge International Handbooks)

by Per Willy Hetland

★★★★☆ 4.3 out of 5

Language : English

File size : 2258 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 1010 pages

Item Weight : 1 pounds

Dimensions : 9.45 x 0.91 x 6.38 inches



In the face of urgent global challenges such as climate change, social inequality, and economic instability, the role of sport in promoting sustainable development has become increasingly crucial. The Routledge Handbook of Sport and Sustainable Development provides a comprehensive and timely examination of this burgeoning field, offering a comprehensive overview of the latest research, case studies, and practical strategies.

Edited by a team of renowned scholars and practitioners, this groundbreaking handbook brings together leading experts from a wide

range of disciplines, including sports science, environmental studies, sociology, economics, and public health. It offers a multidimensional perspective on the complex and multifaceted relationship between sport and sustainable development, exploring both the opportunities and challenges presented by this intersection.

### **Environmental Sustainability**

The handbook delves into the environmental impact of sport, addressing issues such as energy consumption, waste generation, and water scarcity. It examines the strategies and practices that can be adopted to reduce the environmental footprint of sporting events, facilities, and industries.

Case studies and real-world examples illustrate how sport can be harnessed as a force for environmental protection and restoration. The handbook explores the role of sport in promoting sustainable lifestyles, encouraging physical activity, and raising awareness about environmental issues.

### **Social Sustainability**

The handbook also examines the social dimensions of sport and sustainable development, focusing on issues such as inclusion, diversity, equity, and social justice. It explores how sport can be used to promote social cohesion, reduce inequality, and empower marginalized communities.

The authors highlight the potential of sport to address societal challenges such as racism, sexism, and homophobia. They also discuss the role of sport in promoting health, well-being, and educational attainment, particularly for disadvantaged populations.

## **Economic Sustainability**

Furthermore, the handbook analyzes the economic dimensions of sport and sustainable development. It explores the economic benefits of sport, including job creation, tourism, and infrastructure development. It also examines the potential negative impacts of sport on the environment and society, such as gentrification and displacement.

The authors discuss strategies for promoting economic sustainability in the sport sector, including sustainable tourism practices, fair labor standards, and responsible investment. They also explore the role of sport in promoting social entrepreneurship and community development.

## **Practical Applications**

The Routledge Handbook of Sport and Sustainable Development is not only a comprehensive academic resource but also a valuable guide for practitioners in the field. It provides practical strategies and case studies that can be implemented by sports organizations, governments, and community groups to promote sustainable development through sport.

The handbook offers guidance on developing sustainable sporting events, promoting active lifestyles, using sport for social inclusion, and investing in sustainable infrastructure. It also includes tools and resources for measuring and evaluating the impact of sport on sustainable development.

The Routledge Handbook of Sport and Sustainable Development is an essential resource for anyone interested in the intersection of sport and sustainability. It provides a comprehensive overview of the field, cutting-edge research, and practical insights.

This groundbreaking handbook is a must-read for scholars, practitioners, policymakers, and anyone who believes in the transformative power of sport to create a healthier planet and a more just society.

## Book Information

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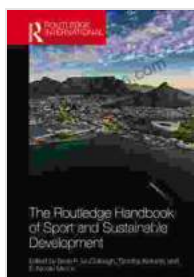
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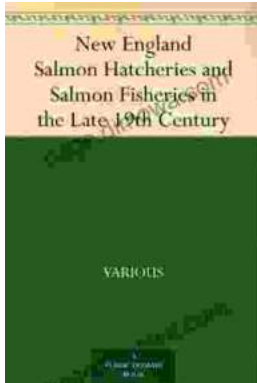
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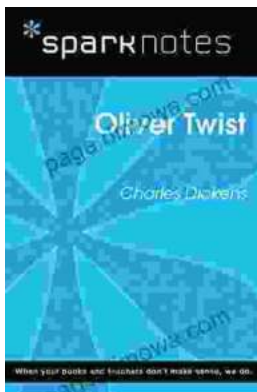
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