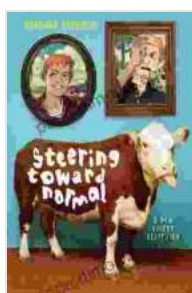


Steering Toward Normal: A Story of Resilience and Hope

Rebecca Petruck's memoir, *Steering Toward Normal*, is a powerful and inspiring account of her journey through the difficult years following a traumatic brain injury (TBI). With raw honesty and unflinching courage, Rebecca shares her experiences with the physical, emotional, and cognitive challenges she faced, and the resilience she found within herself to overcome them.

The book begins with Rebecca's life before the TBI. She was a young woman with a promising future, working as a teacher and pursuing her passion for dance. However, everything changed in an instant when she was hit by a drunk driver. The accident left her with a severe TBI, and her life was forever altered.



Steering Toward Normal by Rebecca Petruck

★★★★☆ 4.7 out of 5

Language : English

File size : 4143 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 340 pages

Lending : Enabled

FREE

DOWNLOAD E-BOOK



In the aftermath of the accident, Rebecca was faced with a long and difficult recovery. She had to relearn how to walk, talk, and eat. She struggled with memory problems, difficulty concentrating, and emotional instability. But through it all, she never gave up hope.

With the support of her family and friends, Rebecca slowly began to rebuild her life. She returned to work, started dancing again, and even went back to school to earn her master's degree. Along the way, she learned the importance of self-acceptance, forgiveness, and gratitude.

Steering Toward Normal is more than just a memoir. It is a story of resilience, hope, and the power of the human spirit. Rebecca's journey is an inspiration to anyone who has ever faced adversity. It shows us that even in the darkest of times, there is always hope.

About the Author

Rebecca Petruck is a teacher, dancer, and writer. She is the author of the memoir *Steering Toward Normal*. Rebecca lives in California with her husband and two children.

Praise for *Steering Toward Normal*

"A powerful and inspiring story of resilience and hope. Rebecca Petruck's journey is a testament to the strength of the human spirit." - **Kirkus**

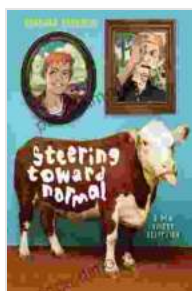
Reviews

"A raw and honest account of one woman's journey through the challenges of a traumatic brain injury. Rebecca Petruck's writing is both heartbreaking and hopeful, and her story is sure to inspire anyone who has ever faced adversity." - **Booklist**

"A must-read for anyone who has ever been touched by a traumatic brain injury. Rebecca Petruck's memoir is a powerful reminder that even in the darkest of times, there is always hope." - ***Brain Injury Association of America***

Buy ***Steering Toward Normal***

Steering Toward Normal is available in hardcover, paperback, and ebook formats. You can Free Download the book from Our Book Library, Barnes & Noble, or your local bookstore.



Steering Toward Normal by Rebecca Petruck

★★★★☆ 4.7 out of 5

Language : English

File size : 4143 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 340 pages

Lending : Enabled





Unveiling the Legacy of New England Salmon Hatcheries and Salmon Fisheries in the Late 19th Century

Journey back in time to the late 19th century, a period marked by significant advancements in the field of fisheries management and aquaculture. New...



Embark on a Literary Adventure with Oliver Twist: A Comprehensive SparkNotes Guide

Unveiling the Complex World of Oliver Twist: A Captivating Journey In the shadowy labyrinth of 19th-century London, a young orphan named Oliver Twist embarks on a...