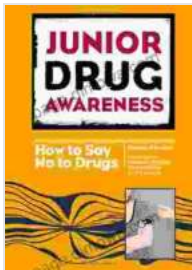


How to Say No to Drugs: The Ultimate Guide for Kids

Drugs are a serious problem for kids today. Every year, thousands of young people start using drugs, and many of them end up addicted. Drug addiction can lead to a number of health problems, including heart disease, stroke, cancer, and mental illness. It can also damage relationships, ruin careers, and even lead to death.

If you're a kid, it's important to know how to say no to drugs. Peer pressure can be tough, but it's important to stand up for yourself and make your own decisions. There are a number of things you can do to avoid drugs, including:



Junior Drug Awareness: How to Say No to Drugs

by Paul Daugherty

★★★★☆ 4.4 out of 5

Language : English

File size : 2530 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Word Wise : Enabled

Print length : 112 pages



- Stay away from people who use drugs.
- Don't go to places where drugs are being used.
- Talk to your parents, teachers, or counselors about drugs.

- Learn about the dangers of drugs.
- Practice saying no to drugs.

If you're ever offered drugs, it's important to say no. Be assertive and confident. Tell the person that you don't want to use drugs, and that you're not interested. If the person keeps pressuring you, walk away.

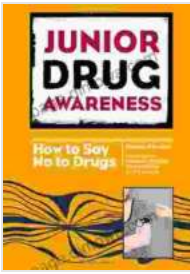
Saying no to drugs can be tough, but it's worth it. Drugs can ruin your life. If you're ever offered drugs, remember to say no.

Here are some additional tips for saying no to drugs:

- Think about the consequences of using drugs. What could happen if you get caught? What could happen if you become addicted?
- Remember that you have the right to say no. No one can force you to do something you don't want to do.
- Be prepared to walk away. If someone is pressuring you to use drugs, don't be afraid to walk away.
- Talk to someone you trust. If you're struggling to say no to drugs, talk to your parents, teachers, or counselors. They can help you.

Saying no to drugs is an important part of growing up. It's not always easy, but it's worth it. If you say no to drugs, you're making a choice to protect your health, your future, and your life.

If you or someone you know is struggling with drug addiction, please get help. There are many resources available to help people overcome addiction. Don't give up on yourself or your loved ones.



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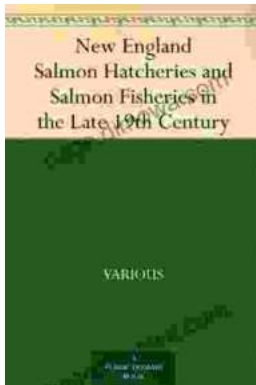
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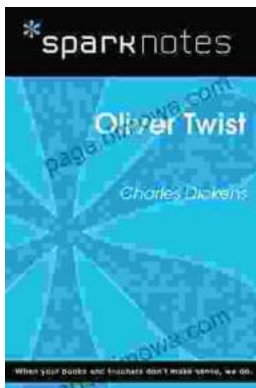
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